

| | Application Track | Cutting Edge Track | Skill development (Workshop) Track | Skills development (Peer Discussion/Discussion Workshop) Track |
|---------------|---|--|--|---|
| | Exchange Auditorium | Exchange Hall | Charter Room 3 | Charter Room 2 |
| From 7.30 | Registration (Charter Foyer) | | | |
| 9.00-9.20 | Opening Ceremony: BCLA President Professor Sunil Shah (Exchange Auditorium). | | | |
| 9.20-10.20 | Keynote lecture; Contact Lens Comfort. Is it as good now as it will ever be? Professor Eric Papas <i>Approved for 1 CET point; Optom/CLO/DO. Ref C-71324 (Lecture)</i> | 10.30-11.30 Free Papers; Specialty. Chaired by; Dr Eef van der Worp. <ul style="list-style-type: none"> Anterior best fit sphere – Is it a better starting point to fit rigid gas permeable contact lens in penetrating keratoplasty eyes? – A clinical observation. Faiza Bhombai. A topographical method to quantify scleral contact lens decentration. Stephen Vincent. Ways to use image analysis software to evaluate the peripheral fitting of scleral contact lenses. Giancarlo Montani. Scleral lenses reduce the need for corneal transplants after hydrops. Carina Koppen Minimum oxygen permeability required for mini-scleral contact lens daily wear. Sandeep Dhallu | 10.30-11.30 Getting started in Orthokeratology: Engaging Reverse Gear. Nick Howard, Joserine Samson. <i>Approved for 3 CET points; Optom/CLO. Ref C-70843 (Skills Workshop)</i> | 10.30-11.30 Complications from Global Eyelash Obsessions. Bridgitte Shen Lee. <i>Approved for 3 CET points; Optom/IP/CLO/DO. Ref C-71417 (Peer Discussion)</i> |
| 10.20-11.30 | What Contact lenses are we prescribing and Why? Chaired by; Professor Eric Papas. <ul style="list-style-type: none"> Beliefs and barriers to prescribing 1 day silicone hydrogels. Karen Walsh Does Modality Matter? Professor Lyndon Jones Can we maintain ocular health in our patients during a lifetime of contact lens wear. Professor Debbie Sweeney Powered by CooperVision <i>Approved for 1 CET point; Optom/CLO/DO. Ref C-71325 (Lecture)</i> | | | |
| 11.30-12.00 | EXHIBITION OPENS. TEA/COFFEE AND POSTERS IN THE EXHIBITION HALL (CENTRAL 1) | | | |
| 12.00-12.50 | Are you seeing comfortably? Chaired by; Professor Philip Morgan <ul style="list-style-type: none"> Why 6/6 isn't measuring visual comfort. Dr Trusit Dave Enhancing visual comfort with CLs - where are we? Dr John Buch Light filtration and visual comfort. Professor Billy Hammond Powered by Johnson & Johnson Vision <i>Approved for 1 CET point; Optom/CLO/DO. Ref C-71326 (Lecture)</i> | Highlights of 2019; International Perspectives. Chaired by; Dr Shehzad Naroo. <ul style="list-style-type: none"> Exceptional Education. Exponential Impact. Shehzad Naroo. Opportunities and Threats to Contact Lens Practice. Nilesh Thite. Perceptions about Daily Disposable Silicone Hydrogel Contact Lenses from ECPs in Three Countries. Gary Orsborn. Is the Internet Era affecting the relations between Ametropes and Contact Lens Practitioners? An Italian Survey. Fabrizio Zeri. Contact lens use and compliance in Greece. Dimitra Makrynioti. Contact lens complications among wearers in Ghana. Emmanuel Kobia-Acquah. Build Your Brand in Social Media. Bridgitte Shen Lee | The ART of fitting a Corneo-scleral lens to the irregular cornea. Paul Rose, Josie Barlow. <i>Approved for 3 CET points; Optom/CLO. Ref C-70851 (Skills Workshop)</i> | The optometric management of contact lens cases presenting to a regional eye casualty service: Lessons learned from case study review. Jonathan Jackson, Deirdre Burns. <i>Approved for 3 CET points; Optom/IP/CLO/DO. Ref C-71092 (Peer Discussion)</i> |
| 12.50-13.10 | Johnson & Johnson Vision Platinum Sponsor Session; The Contact Lens That Knows Light™ David Ruston and Dr. Zohra Fadli | | | |
| 13.10-14.10 | LUNCH, POSTERS 'MEET THE AUTHOR' AND EXHIBITORS PRODUCT PAVILION SESSIONS IN THE EXHIBITION HALL (CENTRAL 1) | | | |
| 14.10-15.00 | The Tear Film and Contact Lenses: Friend or Foe? Chaired by; Professor Philip Morgan <ul style="list-style-type: none"> How the tear film interacts with CLs physically and chemically. Professor Lyndon Jones How can we develop materials that harness the benefit of key tear film components? Dr Zohra Fadli. Powered by Johnson & Johnson Vision <i>Approved for 1 CET point; Optom/CLO. Ref C-71327 (Lecture)</i> | Rapid Fire Papers; Comfort. Chaired by; Professor Eric Papas. <ul style="list-style-type: none"> Introducing a novel in vivo method to access visual performance during dewetting process of contact lens surface. Felix Zimmermann. Dewetting of different soft lens materials before and after stress test with lipid containing rewetting eye drops using Non-Invasive Keratograph Drying Up Time (NIK-DUT). Sebastian Marx. Design and development of a new questionnaire: contact lens discomfort index. Cristina Arroyo-del Arroyo. Ocular Comfort Observed with Three Marketed Solutions. Meredith Jansen Bishop. Effect of Digital Zone Optics® design contact lenses in symptoms, vision and clinical variables. Laura Valencia Nieto. The impact of contact lens wear on particulate clearance from the ocular surface. Michael Read. Assessment of wheat germ agglutinin staining of the ocular surface in contact lens wearers and non-contact lens wearers. Maria Navascues-Cornago. Analysis of the placebo effect in comfort during contact lens wear. Andrea Novo-Diez. | 14.00-15.00 Tip Top Topography. Nick Howard, Joserine Samson. <i>Approved for 3 CET points; Optom/CLO. Ref C-70847 (Skills Workshop)</i> | 14.00-15.00 Walk the Talk - Getting the best from Multifocal Contact Lenses. Louise Terry, Claire McDonnell. <i>Approved for 3 CET points; Optom/CLO. Ref C-71108 (Discussion Workshop)</i> |
| 15.00-15.30 | TEA/COFFEE, POSTERS AND EXHIBITORS PRODUCT PAVILION SESSIONS IN THE EXHIBITION HALL (CENTRAL 1) | | | |
| 15.30-17.00 | Specialty Track. Mini Global Specialty Lens Symposium @ BCLA. Chaired by; Dr Eef van der Worp CORNEAL RGP's & KERATOCONUS <ul style="list-style-type: none"> Your choice: corneal RGP's or scleral RGP's in your keratoconus patients? Alex Levitt SCLERAL <ul style="list-style-type: none"> Contact Lens & Anterior Eye - Scleral Lens Special coverage. Dr Eef van der Worp Sclerals vs corneal transplant. Carina Koppen. Dk/t and hypoxia. Stephen Vincent Endothelial cell count and corneal surgery. Elise Kramer Intra-ocular pressure/glaucoma risk. Langis Michaud CUSTOM SOFT LENS FITTING <ul style="list-style-type: none"> Introduction to custom soft lens fitting. Dr Eef van der Worp Using ocular surface topography to better fit soft lenses. Giancarlo Montani How to better fit soft lenses - for normal eyes and out of standard eyes. Dr Eef van der Worp. <i>Approved for 1 CET point; Optom/CLO/DO. Ref 71523 (Lecture)</i> | Free Papers: Materials. Chaired by; Professor Philip Morgan. <ul style="list-style-type: none"> Influence of material, replacement interval and care system on the sub-clinical inflammatory response to soft contact lens wear. Noor Haziq Saliman. Changes of the curvature of modern daily disposable soft contact lenses during wear. Patryk Mlyniuk. Life cycle analysis: end of life analysis of two contact lens replacement modalities. Sarah L. Smith. One-month clinical comparison of silicone hydrogel monthly lenses in high-lipid depositors. Michel Guillon. Influence of temperature on sagittal height of hydrogel contact lenses. Christian Kempgens. | How to fit dry eye and MGD assessment into your routine Emma Gibson, Professor Fiona Stapleton. <i>Approved for 3 CET points; Optom/CLO. Ref C-70857 (Skills Workshop)</i> | Avoiding contact lens drop out. Gurrj Singh Jabbal, Neil Retailic. <i>Approved for 3 CET points; Optom/CLO/DO. Ref C-70942 (Peer Discussion)</i> |
| 17.00-17.45 | BCLA WELCOME DRINKS RECEPTION IN THE EXHIBITION HALL (CENTRAL 1) | | | |
| 17.45 - 19.30 | 'An Eye for Knowledge' Pub Quiz in the Charter Suite | | | |

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| | Company Breakfast Meetings: Alcon - Breakfast with Dry Eye. Dr Colin Parsloe & Sarah Farrant (7.45 - 8:45, Charter 1). Johnson & Johnson Vision - 'Increase Your Appetite for Managing Light'. Dr Trusit Dave, Dr John Buch, Dr Zohra Fadli, Dr Leilani Sonoda, Dr Billy Hammond and Dr Lisa Renzi Hammond. (Breakfast; 7.30-8.00, session; 8.00-8.45, Charter 2 & 3). | | | |
| 9.00-10.00 | Myopia Control Dr Jeffrey J.Walline. <i>Approved for 1 CET point; Optom/CLO/DO/IP. Ref C-71328 (Lecture)</i> | 9.00-10.00 Free papers; Optics and Design. Chaired by; Dr Trusit Dave. <ul style="list-style-type: none"> A contralateral comparison of the effects of light scatter when using an activated photochromic vs. clear contact lens. Lisa Renzi-Hammond. Between-eye asymmetry in corneal topography and its association with gender. Kristina Mihic. Effects of different contact lens design on reading behaviour of pre presbyopic subjects. Giancarlo Montani. How Driving Performance is Impacted by Photochromic Contact Lenses. John Buch | 9.15-10.30 Diagnosing and managing Demodex blepharitis. Associate Professor Jennifer Craig, Ety Bitton, Dr Christine Purslow. <i>Approved for 3 CET points; Optom/IP/CLO. Ref C-70915 (Skills Workshop)</i> | 9.15-10.15 Acanthamoeba Keratitis, from the lab to the eye. Dr Nicole Carnt, Scott Hau. <i>Approved for 3 CET points; Optom/CLO/DO/IP. Ref C-71110 (Discussion Workshop)</i> |
| 10.00-10.30 | CooperVision Partner Session; Celebrating Incredible Contact Lens Heroes – The difference you make every day. Marcella McParland (Exchange Auditorium) | | | |
| 10.30-11.00 | TEA/COFFEE, POSTERS AND EXHIBITORS PRODUCT PAVILION SESSIONS IN THE EXHIBITION HALL (CENTRAL 1) | | | |
| 11.00-1.10 | Chaired by; Dr. Jeffrey J. Walline <ul style="list-style-type: none"> Exploring Myths and Misconceptions in Myopia Management Myopia Control Guidelines. Dr Nicola Logan. Do the benefits of myopia management outweigh the risks of putting children into contact lenses? Mark Bullimore. Can you be successful in myopia management without measuring axial length? Professor Philip Morgan. Is binocular vision a critical component of myopia management? Sarah McCullough. Which is the most compelling discussion with parents; pathology or prescription? Sarah Morgan. What would you do? – Case scenarios. Dr Nicola Logan Panel Discussion Powered by CooperVision <i>Approved for 1CET point; Optom/IP/CLO/DO. Ref 41454 (lecture)</i> | 11.00-12.00 Free Papers; Presbyopia. Chaired by; Professor James Wolffsohn. <ul style="list-style-type: none"> The influence of power profiles on lens power of single vision and multifocal soft contact lenses. Klaus Ehrmann. Comparison of Extended Depth-of-Focus Prototype Contact Lenses with a Commercially-available Center-near Multifocal. Irene Martínez Alberquilla. Pupil Diameter Impact on MF Fitting and Performance. Jessica Mathew. Implementing eye movement-based reading performance as a measure of functional vision in presbyopes. Sotiris Plainis. 12.00 - 12.20 <ul style="list-style-type: none"> Optical Foundation Award Presentation. Professor Eric Papas. | 11.00-12.30 Scleral Lenses from both sides of the pond. Vijay Anand, Karen Carrasquillo. <i>Approved for 3 CET points; Optom/CLO. Ref C-70916 (Skills Workshop)</i> | 11.00-12.00 Smoothing out the lumps and bumps in identification and management. Alexandra Webster, Dean Dunning. <i>Approved for 3 CET points; Optom/CLO/DO. Ref C-71111 (Discussion Workshop)</i> |
| 1.10-1.30 | Topcon Technology Sponsor Session; Myopia Management: the importance of accurate data in communicating with patients and children. | | | |
| 1.30-2.30 | LUNCH, POSTERS 'MEET THE AUTHOR' AND EXHIBITORS PRODUCT PAVILION SESSIONS IN THE EXHIBITION HALL (CENTRAL 1) | | | |
| 2.30 -3.30 | Irving Fatt Memorial Lecture Acanthamoeba Keratitis: keeping contact lens wearers out of the "naughty cornea" Dr Nicole Carnt. <i>Approved for 1 CET point; Optom/CLO/DO/IP. Ref C-71381 (Lecture)</i> | Free papers; Myopia control: Other Chaired by; Dr Nicola Logan. <ul style="list-style-type: none"> The Montreal experience on 469 subjects: a retrospective study of the management of myopia and axial length progression. Langis Michaud. Further comparison of myopia progression in new and established myopia control treatment (MiSight®) groups. Paul Chamberlain. Subjective wearing experience and discontinuation rates with novel, extended depth of focus (EDOF), myopia management lenses. Fabian Conrad. Effects of different design of soft centre distance multifocal contact lenses on HOAs, accommodation and phoria in young adults myopic eyes. Giancarlo Montani. | 2.15-3.30 Making dry eye patients happy without ending up in tears! Associate Professor Jennifer Craig, Sarah Farrant. <i>Approved for 3 CET points; Optom/IP/CLO. Ref C-71002 (Skills Workshop)</i> | 2.30-3.30 New Medical Device Regulation and BREXIT: European CLs market today and tomorrow. Nicoletta Losi. |
| 3.30-4.00 | TEA/COFFEE, POSTERS AND EXHIBITORS PRODUCT PAVILION SESSIONS IN THE EXHIBITION HALL (CENTRAL 1) | | | |
| 4.00-5.30 | Interactive Session; Would I Lie To you: A Minor Eye Condition Quiz Chaired by; Professor Sunil Shah Mr Jeffrey Kwartz, Mr Leon Au, Mr Ankur Barua, Associate Professor Jennifer P. Craig, Mr Vinod Kumar, Brian Tompkins. <i>Approved for 1CET point; Optom/IP/CLO. Ref 71413 (lecture)</i> | Free papers ; Myopia control /OrthoK. Chaired by; Professor Pauline Cho. <ul style="list-style-type: none"> Clinical Evaluation of customised OrthoK design on myopia control and axial length elongation. Patrick Simard. Measurement of factors related to corneal edema after overnight orthokeratology. Yue Evelyn Zhang. First month preliminary results of orthokeratology lens wear with increased compression factor. Kin Wan. The impact of changing optic zone diameter on treatment zone parameters during orthokeratology. Vinod Maseedupally. | 4.00-5.00 Keratometry – Doing the best with what we've got. Alexandra Webster, Dean Dunning. <i>Approved for 3 CET points; Optom/CLO. Ref C-71003 (Skills Workshop)</i> | 4.00-5.00 Are you getting your Contact Lens Fair Share? Mark Draper, Zoe Bull. |
| 5.30 | Evening Reception and Networking Event in the Gallery | | | |

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| | Company Breakfast Meetings: Menicon Smart Update. Professor Stapleton & Mr Newman. (7.45 - 8:45, Charter 2). SEED with UltraVision - The Science behind Extended Depth of Focus. Dr Fabian Conrad. (7.45 - 8:45, Charter 1). | | | |
| 9.00-10.00 | Controversies in Optimising the Ocular Surface. Chaired by; Professor Sunil Shah Mr Alex Shortt, Associate Professor Jennifer Craig. <i>CET Applied for</i> Powered by Alcon | Free Papers; Pathology. Chaired by; Professor Fiona Stapleton. <ul style="list-style-type: none"> Global Multi-Centre study of Potential Benefits of Ultra-Violet Light blocking Contact Lenses. James Wolffsohn. Transient effects of smoking on the eye. Shehzad Naroo. Influence of lens deposits on bacterial adhesion to rigid gas-permeable contact lens. Takahiro Hiraoka. Da Vinci Award Winner; The susceptibility of bacterial isolate from corneal infiltrative events of Melimine Antimicrobial Contact Lens (MACL) wear clinical trial. Parthasarathi Kalaiselvan. The effect of "no water" stickers on water contact-behaviour of contact lens wearers. Memoona Arshad. Comparison Of Organic Soil Formulations On The Efficacy Of Contact Lens Disinfection. Simon Kilvington. Copper and Silver nanoparticle loaded antimicrobial contact lenses. Davood Kharaghani. Morphological changes of the corneal endothelium between the central and the peripheral areas. Federica Cozza. The good, the bad, and the ugly: Lens cases and biofilm. Maureen Boost. Comparison of a povidone-iodine containing multi-purpose solution with other MPS for rigid lenses against bacterial biofilm. Pauline Cho. | 9.15-10.45 Scleral Lens Fitting Using Three Different Procedures: Biomicroscopy, Anterior Optical Coherence Tomography, and Scleral Profiler. Daddi Fadel, Brian Tompkins. <i>Approved for 3 CET points; Optom/CLO. Ref C-71048 (Skills Workshop)</i> | 9.15-10.45 Myopia management and how to deal with variation in response to myopia interventions Dr Nicola Logan, Fiona Cruickshank. <i>Approved for 3 CET points; Optom/IP/CLO. Ref C-71186 (Peer Discussion)</i> |
| 10.00-11.00 | Dry Eye Tech Live. Professor James Wolffsohn, Associate Professor Jennifer Craig, Dr Sruthi Srinivasan Powered by Alcon <i>Approved for 1 CET point; Optom/CLO/DO/IP. Ref C-71383 (Lecture)</i> | | | |
| 11.00-11.30 | Alcon Partner Session; Working towards a Brilliant Ocular Surface. Greg Sawyer, Dr Manoj Venkiteshwar, Dr Inma Perez. (Exchange Auditorium) | | | |
| 12.00-12.30 | TEA/COFFEE, POSTERS AND EXHIBITORS PRODUCT PAVILION SESSIONS IN THE EXHIBITION HALL (CENTRAL 1) | | | |
| 12.30-1.30 | Medal Address: Soft lenses: Just a dull piece of plastic - or more than meets the eye? Professor Lyndon Jones (Exchange Auditorium) <i>Approved for 1 CET point; Optom/CLO/DO. Ref C-71382 (Lecture)</i> | | | |
| 1.30-2.30 | LUNCH, POSTERS AND EXHIBITORS PRODUCT PAVILION SESSIONS IN THE EXHIBITION HALL (CENTRAL 1) | | | |
| 2.30 -2.50 | IACLE Awards Presentation Dr Shehzad Naroo | Free papers Dry Eye. Chaired by; Dr Christine Purslow. <ul style="list-style-type: none"> Let's face Demodex on the lids and the face. Sarah Aumond. Influence of eye gaze position on the inferior tear meniscus as measured by OCT. Ety Bitton. The Relationship Between Dry Eye symptoms and Self-Rated Pain Perception. Emma Gibson. Randomised double-masked trial of the cumulative treatment profile of intense regulated pulsed light therapy for meibomian gland dysfunction. Ally L Xue. Agreement and repeatability of four different devices to measure non-invasive tear breakup time (NIBUT) , Stefan Bandlitz. A New Method for Measuring the Pre-Lens Non-Invasive Tear Break Up Time (PLNIBUT). Ahmed Sherry. Randomised masked trial of the clinical efficacy of MGO Manuka Honey microemulsion eye cream for the treatment of blepharitis. Jennifer P Craig. Epiphora and chronic tarsal conjunctivitis associated with make up remover wipes. Harry Roberts. The differing affinity of a purple powder eyeshadow for hydrogel and silicone-hydrogel contact lenses. Silvia Tavazzi. | 2.30-4.00 Let's fit sclerals' overview and hands on workshop. Renee Reeder, Jennifer Harthan. <i>Approved for 3 CET points; Optom/CLO. Ref C-71089 (Skills Workshop)</i> | |
| 2.50-4.00 | Disruptive Clinical Practice. Professor Philip Morgan Professor James Wolffsohn <ul style="list-style-type: none"> The Rise of Artificial Intelligence The Cure of Presbyopia Communication skills in clinical practice. Sarah Shepherd Look who's talking. Sarah Morgan <i>CET Applied for</i> | | | |
| 4.00-4.15 | Awards: Presentation of Photographic Awards, Best Poster Competition Prizes and Exhibition Competition Winner Closing Remarks: BCLA President Professor Sunil Shah (Exchange Auditorium) | | | |
| 4.30-5.00 | BCLA AGM (BCLA Members only, Exchange Auditorium) | | | |
| 18.45 18.45 19.15 20.45 22.00 00.15 | BCLA Awards Dinner (Ticket holders only) BCLA Fellows Drinks Reception in the Charter Suite Drinks Reception in the Gallery Dinner in Exchange Hall Award Presentations in Exchange Hall Live music by Rapture in the Charter Suite End | | | |